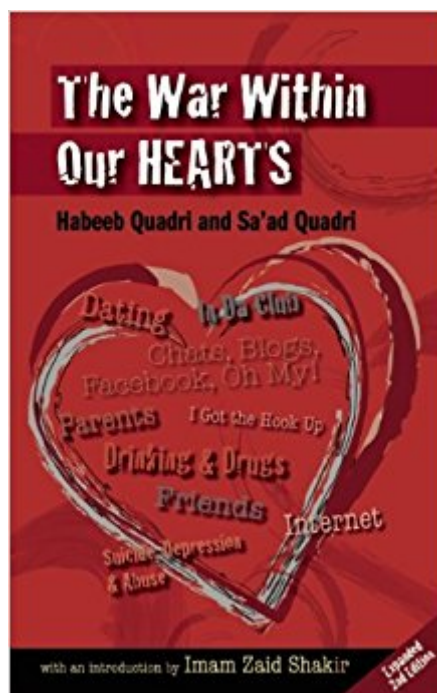


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The War Within Our Hearts



Synopsis

"An insightful volume that takes on many of the issues confronting Muslim youth in the West, sometimes with humor, oftentimes with brutal frankness, but always with sound knowledge and great clarity."—Imam Zaid Shakir, Zaytuna Institute, California
This is not just another book about Muslim youth. It is a book by young Muslims for young Muslims, addressing issues such as media, music, dating, and drugs in a language that is their own. With an introduction by Imam Zaid Shakir.

Book Information

Paperback: 183 pages

Publisher: Kube Publishing Ltd; 2nd Expanded ed. edition (August 17, 2010)

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Average Customer Review: 4.9 out of 5 stars 11 customer reviews

Best Sellers Rank: #405,810 in Books (See Top 100 in Books) #8 in Books > Teens > Religion & Spirituality > Islam #705 in Books > Teens > Social Issues #2234 in Books > Self-Help > Spiritual

Customer Reviews

Gr 8 Up—This advice book for Muslim teens covers such topics as alcohol, modesty, music, pornography, the Internet, friends, suicide, abuse, and more. The authors adhere to a fairly strict interpretation of the Qu'ran, so there is no reference whatsoever to dating and they advocate as much separation of the genders as possible. There is also no reference to LGBTQ issues, which is in keeping with the conservative tenor of the book. The approach is positive, encouraging young Muslims to be respectful of both themselves and others. The cover and chapter titles would suggest that the language is teen-friendly, but the tone of the text is academic, dealing more with the Qu'ranic justifications for Islamic law than with helpful advice for reconciling these laws with Western culture. This volume will certainly be what some Muslim teens are looking for, but will not appeal to all. The lack of an index also impedes access to information. Dilara, Iman, & Yasmine Hafiz's *The American Muslim Teenager's Handbook* (Acacia, 2007) covers similar material with a more liberal and teen-friendly approach. Purchase where titles of a more conservative nature are

needed. — Kristin Anderson, Columbus Metropolitan Library System, OH (c) Copyright 2010. Library Journals LLC, a wholly owned subsidiary of Media Source, Inc. No redistribution permitted.

"Each chapter takes its flavor from its title. Issues, problems and concerns are examined in most cases from the young person's point of view and also from the parent's point of view. This lends a balance to the discussion. Quotes from the Qur'an and Ahadith occur throughout the book. Stories from the life of Prophet Muhammad (peace be upon him), his companions and the Prophets are used to illustrate a point and are seamlessly integrated into the text. A box at the end of each chapter provides helpful summaries of the main action points or reminders to note." Ummah Reads

This is a great book to buy for teens! It addresses many issues that and concerns that are relevant to our society, but from an educated Muslim American perspective. When was the last time someone talked about "taboo" topics such as pornography or depression and other mental illnesses? The book deals with difficult ideas such as the ones mentioned above and also everyday questions and struggles that the average Muslim teen deals with on a daily basis--parents, culture gaps, social media, parties, drugs, etc. The War Within Our Hearts is a fun (and funny at times!) and insightful read written by two people who know what today's teens are going through, since they've already been there and done exactly that!

I've used this book as a teacher with middle and high school students at Islamic school. I feel it is an 'essential read' for the young Muslim teen. I think that the writing and issues resonate with the youth and it allows sensitive topics to be discussed in a manner that is approachable and necessary. Some chapters are dated (i.e. the one on social media) but overall the book is still incredibly relevant.

This book has practical advice and heartfelt insights on correcting one's life and sticking to the straight path as a Muslim. It is aimed at the youth but anyone can (and should) read it. The best parts are the examples from real life, present and history, that strongly illustrate the message.

amazing book to give halaqahs from. Provides stats and language around many issues that get in the way of spiritual growth of young Muslims.

Very useful book

great book which deals with daily struggles that our teens may face. Simple English, with clear vision of what is expected from all of us. I bought few copies as gifts for my friends. Thank you

Excellent book for young Muslims to understand and reflect on the normal challenges in life.

I've been using this as a teaching tool for my son and commend the authors on their approach and hope this will among other things help my son appreciate and love Islam as I do

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